

22<sup>ND</sup> ANNUAL  
**BISHOP HILL 5K SWEDISH STOMP  
 & SKAMPAROO**  
 SATURDAY APRIL 22, 2017



bishophilloldsettlersassociation.blogspot.com

**Race Start:** 5k Run/Walk 9AM - Skamparoo (6 & under) after 5k

**Race Day Registration:** 7am

**Location:** Colony School, Bishop Hill - 6 ½ mi. NW of Galva. Rte 34 to Bishop Hill turn-off. I-74 to Woodhull Exit then 10 mi east.

**Course:** 5k Course runs through historic Bishop Hill and the surrounding country side

**Divisions:** Men & Women 7-10, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65&up.

**Awards:** *Unique handcarved wooden boot* for overall male & female. Medals to top 3 in each division. Overall winners are not eligible for age-group award.

**Post Race Refreshments:** Swedish specialties including homebaked muffins and sweets, hardtack, cheese, pickled herring and fresh fruit.

**Proceeds to:** Bishop Hill Old Settlers Association to help with continued restoration and maintenance of 1861 Bishop Hill Colony School and grounds.

**Entry Fees: Pre-registration** - Adults \$18 with TShirt on or before April 15<sup>th</sup> /7years – high school \$8

**Late registration** – Adults \$20 after April 15<sup>th</sup>/7 years to high school \$10 (shirt subject to availability)

**Race Day Registration** - Adults \$20 /7 years to high school \$10 (shirt subject to availability)

**Skamparoos** (6 & under) free- no shirt. **Skamparoos** (6 & under) with shirt-\$8 (all entry fees non-refundable)

**Sponsors:** Advanced ReHab; Andrews Implement; B&B Printing; Barash & Everett; Bell Trucking; BH Arts Council; BH Bakery & Eatery; Breedloves; Colony Inn; Community State Bank; Compton Acct, Country Financial, CSB Insurance; Filling Station; Cottage Hosp; Galva Chiropractic; Galva Supermarket; Galva Pharmacy; Gustafson Ford; Hantverk Galleri; Kaiser Real Estate & Land Co; Kewanee Hosp; Massie LLC; Nelson Const, Nelson Farm Svc, PL Johnsons, Prairie Arts Ctr/VagnHall Gallery, Ron's Cuts, Rux Funeral Home, SBT Galva Bank; Sutton & Assoc; Sweet Annie Primitives; Tarleton's Auto Svc; The BH Gallery & Inn

**Disqualifications:** No animals are allowed on the course. Do not cross the finish line more than once. Only BHOSA members are allowed in the time results room. Anyone violating one or more of the above will be disqualified from the race.

**Questions?** Call: 309-927-3044 or email: [cindabob@gmail.com](mailto:cindabob@gmail.com) (or register online at: GetMeRegistered.com)

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 Return with entry fee to The Bishop Hill Old Settlers' Association Stomp, PO Box 68, Bishop Hill, IL 61419

**Please make checks payable to the Bishop Hill Old Settlers' Association.**

**Circle One: Adult** 5k(\$18)  
 \$20 after April 15<sup>th</sup>

**7-HighSchool** 5k (\$8)  
 \$10 after April 15<sup>th</sup>

**6 & Under Skamparoo**  
 no shirt-Free

**6 & Under Skamparoo**  
 with Tshirt \$8 / \$10 after April 15th

Name \_\_\_\_\_

Address \_\_\_\_\_ email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Age \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Phone # \_\_\_\_\_

**TShirt size** - (circle one) **Adult:** S M L XL XXL / **Youth:** S(6-8) M(8-10)

**WAIVER:** In consideration of my entry, I intend to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims of damages I may have as a result of my participation in this event. I release the Bishop Hill Old Settlers' Assn, all sponsors, Henry County and the Village of Bishop Hill. I am aware of the problems that could be encountered such as street traffic, heat, humidity, crowds & animals. I understand if the Stomp is cancelled because of weather, there will be no refunds. I am aware of the reasons for disqualification.

**SIGNATURE:**

Date: \_\_\_\_\_

(Parent or guardian if under age 18)